Our Democracy is Stronger When All Can Participate

The AAPI Democracy Initiative fosters participation in our democracy and builds healthy, thriving communities.
Dear Friends,

The presidential election campaign this year includes a wide range of views on the direction our country should take. It is a high stakes election for our nation, including our Asian American and Pacific Islander (AAPI) communities.

Immigration is one of the hottest policy issues being debated. Immigration policy has largely defined our communities, from the 1882 Chinese Exclusion Act to later policies designed to allow Asian laborers in when needed, but keep our numbers and political influence small, and prevent communities from forming here by keeping wives and families out. When 35 to 40 million Europeans were entering the country in the early twentieth century, a quota limited the number of Asians to 150 immigrants. Only in the latter half of the twentieth century were these overtly race based, exclusionary policies significantly changed, and family based Asian immigration, and thus our communities, dramatically increased. Asians now lead the world in immigration to the U.S. Almost half the approximately four million people in the visa backlogs, including people in our communities who wait for decades to reunite with their families here, are Asian. Immigration is the reason our communities lead all races in rate of growth in our country.

Our AAPI communities are now large enough to be the margin of victory in close elections in our state and many parts of the country. Yet, the language and cultural barriers that result in disparities in access to healthcare and other services, are also often hurdles to our communities’ full participation in our democracy. This is why ACRS and the Asian Pacific Islander Coalition (APIC) of Washington State are partnering in the Asian American Pacific Islander Democracy Initiative with other community organizations to reach our communities’ hardest to reach citizens and get out the vote. We will help them register, explain ballot measures and organize candidate forums in their languages. They can hear candidates’ positions on the issues that matter to them so they can decide how to vote. We will help get the vote out through ethnic and traditional media, phone banking, door knocking, events and ballot parties in many languages. ACRS often acts as a hub for APIC statewide. With our governors and legislators, APIC has created safety net programs for our community and others facing similar conditions. Funding for naturalization services to help people become citizens, and the State Food Assistance program, which provides food stamps for 30,000 immigrants, were among the first created. Thanks to these programs many ACRS clients have naturalized, and many have used the State Food Assistance program to feed their families in hard times.

ACRS’ civic engagement efforts in partnership with APIC and others on the policy and legislative levels have helped millions to get the services and jobs they needed to live healthier lives, get on their feet, and give back to the community. Our civic engagement efforts go hand in hand with our community members’ generosity as individuals and organizations.

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Ittikorn Hunsagul was an architect back in Bangkok. He left Thailand last fall and brought his wife and one year-old son to the U.S., “I came to give my son a future,” he says. Here in Seattle, Ittikorn works at a Thai restaurant, where he cooks and washes dishes before returning home to his family around midnight each night.

Four mornings each week, Ittikorn comes to ACRS and takes part in a comprehensive new program called Ready to Work (RTW), which helps people with very limited English overcome language barriers, gain digital literacy skills, find meaningful employment and achieve economic self-sufficiency.

In their December 2015 progress report, The White House Task Force on New Americans highlighted RTW in their discussion of similar programs nationwide, and noted that “understanding and communicating in English has a significant impact on the ability of an immigrant or refugee to secure a job consistent with his or her qualifications or work experience, to advance in a career, and to become civically active in the community. Therefore, one of the most effective ways to help non-English-speaking immigrants and refugees integrate into American society is to support their acquisition of English, while also valuing and recognizing the importance of maintaining native-language proficiency to preserve culture and intergenerational communication and support our global competitiveness.”

With funding from Seattle’s Office of Immigrant and Refugee Affairs, we partner with HomeSight, South Seattle and Seattle Central Colleges, and Literacy Source to offer English as a Second Language and digital literacy classes, and give participants the opportunity to learn English by focusing on their careers. RTW is built on the belief that English language learners will learn more rapidly if they are actively engaged in their learning process, and will be more motivated to learn when the curriculum is interesting to them and relevant to their lives.

During class, students talk about jobs they’ve held in their native countries. They examine their career histories and talk about what they’re looking for in
Remember when you applied for your first job and needed to hunt down documents proving you’re eligible to work in the U.S.?

What if you didn’t have those documents, and discovered that it is because you’re “undocumented?” How would you react to the news that you’re in a country you’ve known for your whole life, illegally? This is a dilemma that millions of young people across the country are facing because of limitations in our current immigration system.

In his remarks initiating the Deferred Action for Childhood Arrivals (DACA) program in June 2012, President Obama noted that “it makes no sense to expel talented young people, who, for all intents and purposes, are Americans – they’ve been raised as Americans; understand themselves to be part of this country – to expel these young people who want to staff our labs, or start new businesses, or defend our country simply because of the actions of their parents – or because of the inaction of politicians.”

As of September 2014, the Migration Policy Institute (MPI) estimated that there were approximately 2.1 million undocumented young immigrants living in the United States. As its name suggests, DACA allows these individuals who arrived in the U.S. as children to apply for temporary legal status that is renewable every 2 years, and grants employment authorization and reprieve from deportation. DACA enables these individuals to pursue higher education and explore career options without fear of deportation or exploitation at work.

Asian Americans and Pacific Islanders (AAPI) are uniquely impacted by DACA. Since its introduction, AAPI youth have been applying to the program at a disproportionately low rate in comparison to other ethnic groups. Out of all eligible youth, MPI estimates that only 21% of AAPIs applied, compared to 77% of Latin Americans. This discrepancy is linked to a number of barriers, including the program’s $465 application fee, fear of drawing attention to undocumented family members and a general lack of knowledge about the program. There’s also the prevailing stigma associated with being undocumented. Community leaders and AAPI ethnic media have reported that undocumented AAPI immigrants face a greater level of shame in their communities because issues surrounding documentation are not widely discussed, and information targeting the AAPI community is sparse and linguistically inaccessible.

ACRS is working to address these barriers. We’re collaborating with other immigrant rights organizations including Northwest Immigrant Rights Project, 21Progress and OneAmerica to address the specific needs and barriers in the AAPI undocumented community. ACRS will recruit and train 10 high school youth to serve as community ambassadors who will engage in culturally competent outreach and provide education about DACA to their peers in area high schools including Rainier Beach, Franklin, Garfield, Cleveland, Ballard, West Seattle, Chief Sealth and South Lake.

The goal is to reach and educate youth who could qualify for DACA, and help them understand their immigration options and gain protections they would otherwise lack.

To qualify for DACA, applicants must meet the following criteria:

- Have arrived in the United States prior to age 16.
- Be less than age 31 as of June 15, 2012 and at least age 15 at application (unauthorized immigrants under 15 but in removal proceedings are also eligible to apply).
- Be currently enrolled in school, have graduated from high school or obtained a General Education Development certificate (GED), or be an honorably discharged veteran.
- Have not been convicted of a felony or multiple or serious misdemeanors and not pose a threat to national security or public safety.

Find out more about our work with DACA by contacting Saul Tran Cornwall at (206) 805-8966 or saultc@acrs.org.
WALK FOR RICE
every grain counts

ACRS' 26th annual

SATURDAY | 8 AM – 1 PM

JUNE 25, 2016
Seward Park • Seattle, WA /WalkforRice

presented by

walkforrice.org

An all-ages 2.5 mile walk/run benefiting the ACRS Food Bank. Cultural performances, food, dogs in costume and fun for the whole family.

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An Advocate with a Warm Smile

This June, Karen Jackel will have completed 24 years as the ACRS Food Bank Coordinator – she started just two years after the first *Walk for Rice* took place! Karen serves as the geographic chair of the Seattle Food Committee and is an active member on several anti-hunger coalitions including: Northwest Harvest, Food Lifeline, The City of Seattle Human Services Coalition, Washington Food Coalition, Anti-Hunger and Nutrition Coalition and Children’s Alliance. Before ACRS had enough funds to purchase a van, Karen used her own car to pick up food donations. Each day, she catches one of the earliest ferries from Bremerton into Seattle. Karen goes above and beyond to put personal touches on the ACRS Food Bank to make it a welcoming place for all, including bringing in flowers from her personal garden to plant around the facility. She treats everyone with respect, whether they are clients, volunteers or colleagues. She has offered friendship to those who are homeless, and helped them to get into stable housing.

Please join us in thanking Karen for over two decades of dedicated service, and ensuring that the most vulnerable in our community see a friendly, familiar and welcoming face when they make trips to the ACRS Food Bank.

Roast Chicken for All

In 2009, Cordell Lui and Jerry Lee were driving down to get an early lunch in the Chinatown/International District. They saw a big line on King Street and wondered what was going on. “It was 17 degrees that day; it was really cold and we froze just going from the parking lot and into the restaurant,” recalls Jerry. Every Wednesday and Friday, between 300-400 individuals, seniors and families with young children gather patiently in a line that has been known to reach the Wing Luke Museum a couple of blocks away.

Though it was by chance that they drove by the ACRS Food Bank that day, they made a choice to do something about it. Jerry explained that he and Cordell “got on the phone and started calling up friends and said, ‘hey for $125, we can get 25 Costco chickens – would you be interested in helping out?’ By the time the lunch was over, we had 300 chickens.” This annual tradition has become a highly anticipated event for food bank clients, and the group now holds two distributions each year – one around Thanksgiving and the other around Christmas. Clients receive toys and clothing for kids and ethnic food items like jok [rice porridge], joong [dumplings] and lap cheong [Chinese sausage]. They’ve also received hong bao [lucky red envelopes]. “It’s been very gratifying. A lot of these people are from Toishan, that’s my heritage. I get to wish them luck in the upcoming year,” says Jerry.

Thank you, Cordell, Jerry and Charlene Lee, employees from MG2, Rick Rizzi’s Toys for Kids and all who have volunteered and contributed toward this heartwarming holiday tradition throughout the years.
Young Philanthropists in Training

During their annual Lunar New Year Celebration, the students and PTA at Wedgwood Elementary School in northeast Seattle rallied classmates and families to collect over 430 pounds of food and $963.99 for the ACRS Food Bank.

These young philanthropists and their parents have been doing this for five years now, and have created posters educating their peers and teachers about the issue of hunger, and how ACRS is addressing this problem through our food bank and community events like Walk for Rice. This year, they took it up a notch by helping us load the food they collected into our delivery van!

Many, many thanks to the Wedgwood Associated Student Body and Parent Teacher Association for their leadership and service to the most vulnerable in our communities.

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ACRS’ 26th annual WALK FOR RICE every grain counts MATCH DAYS ARE BACK!

GROW YOUR GIFT TO THE ACRS FOOD BANK!

All food and funds received June 6-17* will earn a match from CenturyLink.

*Give online starting Monday, June 6 until midnight on Friday, June 17 at walkforrice.org. Mailed donations and food drop-offs must be received at ACRS by noon on Friday, June 17 in order to qualify.

Special Thanks: CenturyLink®
When you volunteer at the ACRS Food Bank, donate to a favorite charity, or vote in an election, you are working to make a difference in our communities. Making your voice heard in government is another way to participate. Your input will help innovate programs and services to be more inclusive of Asian American and Pacific Islander communities, and improve the well-being of all Washingtonians.

Civic engagement includes meeting with your elected representatives, providing feedback to public agencies, or joining a board or commission. At the state level, the Commission on Asian Pacific American Affairs (CAPAA) and our 12-governor appointed members serve as liaisons between our communities and decision-makers in Olympia. CAPAA works with community leaders and organizations, including ACRS and the Asian Pacific Islander Coalition (APIC), to advise the governor, state agencies, and lawmakers. Increasing civic participation of AAPIs is a core value we all share.

CAPAA would like to highlight key outcomes from the 2016 legislative session and issues we will continue to work on throughout the year.

**Expanding Civil Rights**
Law enforcement accountability and its relationship with communities of color has been a leading concern. A task force on the use of deadly force in community policing was created by House Bill 2908, sponsored by Representative Cindy Ryu, and another advisory group will develop policies covering the use of body-worn cameras. CAPAA will appoint members to represent AAPIs on these task forces.

**Closing the Educational Opportunity Gaps**
A plan to improve educational outcomes for students of color became state law this year. Representative Sharon Tomiko Santos sponsored House Bill 1541, based on recommendations of the Educational Opportunity Gap Oversight and Accountability Committee (EOGOAC), to address structural issues in the education system that disproportionately impact students of color. The bill will:

- Reduce the harmful impact of discipline practices that contribute toward a school-to-prison pipeline;
- Require the collection of disaggregated data by sub-population and ethnic groups such as Vietnamese, Samoan and Somali;
- Raise the cultural competency of educators; and
- Improve the quality of English language learner programs.

The Commission is deeply appreciative of Frieda Takamura and Sili Savusa, who have represented AAPIs on the EOGOAC since its formation in 2009, and grassroots organizations like Our Future Matters and the Southeast Asian Education Coalition for their efforts to pass the bill. The EOGOAC will continue to meet monthly to monitor implementation of the legislation and formulate other recommendations such as development of a framework around family engagement coordinators.

**Addressing Health Disparities**
A top priority of CAPAA is to improve health equity for the Marshallese community and other Pacific Islanders living in Washington. Despite paying taxes, Congress excluded legal migrants living in the U.S. from the Federated States of Micronesia, the Marshall Islands and Palau from accessing Medicaid coverage beginning in 1996. This injustice is compounded by the continuing health impacts of nuclear tests conducted in the 1940s and 1950s by the U.S. government in the Marshall Islands.

In addition, CAPAA is concerned with other disparities impacting AAPIs such as mental health, substance abuse, chronic diseases, and access to health care coverage. Lawmakers passed legislation to address many of these issues such as diabetes and suicide. The Commission will encourage the development of prevention strategies that specifically target AAPIs.

CAPAA’s work continues throughout the year as we examine how new laws and policies will impact AAPIs and engage with state agencies on best practices to deliver services. Your voice matters in our ability to fulfill the mission of CAPAA. Join us at a commission meeting or contact us to get involved in improving the well-being of our communities.

Contact CAPAA at (360) 725-5667 (telephone interpretation is available) or visit our website at www.capaa.wa.gov.

Michael Itti is the Executive Director and Brianne Ramos is the Project Coordinator for the Washington State Commission on Asian Pacific American Affairs.
When It Comes to Voting, ‘Asian American’ Label Masks Diversity

While Asian Americans and Pacific Islanders (AAPI) have become the fastest growing minority group in the country, we are lagging behind other racial and ethnic groups in terms of participating in our democracy. In 2014, only 50% of eligible AAPI voters were registered to vote, and only half of those actually voted in 2014, leaving 90,000 AAPIs who had the opportunity to vote but did not. This can contribute to the false notion that AAPIs don’t care about civic engagement. So what’s the real story behind these numbers?

For someone who comes from a country without the right to vote, explaining the concept of voting, and how it works, takes time and sensitivity. They may have been persecuted for expressing their political beliefs; or where voter intimidation is common, suffered personal trauma. These experiences, in addition to varying systems across municipalities, lack of transportation, or even a postage stamp are barriers to civic participation. Cultural and linguistic barriers exclude AAPIs whose primary language is something other than English from mainstream political conversations. Different AAPI ethnic and language groups rely on dynamic social structures within their own communities for receiving and disseminating information, making traditional channels of mass communication ineffective. This is why ACRS is undertaking AAPI voter education campaigns in over 20 languages, including Mandarin, Vietnamese, Korean, Nepali, Tagalog, Khmer and Hmong, to name a few.

These barriers create a need for specific and targeted civic engagement strategies that are inclusive, accessible and reflect the diversity of languages and cultures that make up the AAPI population. In short, there is no such thing as a “one size fits all” approach to “court the Asian American vote.” Grouping AAPIs into single voting block masks the rich diversity of experiences and approaches toward sustainable civic engagement and participation.

Historically, the Mien community’s literacy rate is very low, so oral communication is the most effective way to engage the community. In previous years, a team of ACRS staff has held informal ballot parties. During these ballot parties, staff translated the voter pamphlet into Mien, and explained the ballot. With additional tools and support from the AAPI Democracy Initiative, their ballot party went more smoothly in 2015, and 80% of their class turned in completed ballots.

Community members from across the state meet with Washington State Senator Pramila Jayapal during APA Legislative Day in 2015. Photo by Dean Wong
ACRS is partnering with the Asian Pacific Islander Coalition (APIC) on the AAPI Democracy Initiative. Together, we are addressing the complex history of AAPI civic engagement, and disparities in civic knowledge and participation. We’re focusing our efforts on consistent and long term strategies to meaningfully connect with AAPIs to overcome barriers. In the last half of 2015, we reached thousands of people across Washington State. We worked with ethnic and mainstream media to reach 1.5 million individuals across the state, focusing on the geographic areas with the highest concentration of AAPI communities. We also partnered with 293 community leaders who received specialized training, so that they can take knowledge back to their own communities. This group of community leaders represent over 24 AAPI ethnicities, speak 32 different languages and range in age from 18-85 years old.

The 2016 presidential elections will be a critical time for encouraging civic engagement. Using the lessons learned in 2015, there are seven key areas where the Initiative will strengthen its efforts:

- Year-round engagement
- Deepening leadership development
- Education on issues
- Culturally competent get out the vote efforts
- Organizing around the presidential election
- Continuing to focus on structural changes
- Capturing emerging voters

AAPI voters who were contacted by a nonprofit had higher voter turnout rates than other AAPI voters – 48% vs. 33%.

Contact Monica Ng at (206) 774-2436 or monican@acrs.org to learn more about the AAPI Democracy Initiative.

ACRS staff held ballot parties at many local community centers.

Photo by Hong Chhuor
Help Get Out the AAPI Vote!

You can help ACRS make sure that AAPI voices are heard by joining us in:

- Registering someone to vote, or helping them confirm their address with the WA Secretary of State. Go to www.sos.wa.gov/elections/myvote/.

- Getting voter materials in Chinese, Korean, Vietnamese and Spanish [for King County residents]. If someone prefers materials in one of these languages, go to: www.kingcounty.gov/depts/elections.aspx.

- Gathering community members and co-workers to host a phone bank in partnership with ACRS.

- Inviting ACRS to host an outreach booth or table at your next event.

- Translating “Get Out the Vote” messages into different languages.

- Joining the statewide Asian Pacific Islander Coalition (APIC) Statewide Civic Engagement Summit and Gubernatorial Candidate Forum on September 15, or helping with other local candidate forums happening across the state.

- Sharing civic engagement information in places where your community gathers. Let us know if you need any resources.

- Gathering your family and friends before an election by hosting a ballot party and casting your ballots.

- **Share your story on why voting matters to you and your community!**

Contact Monica Ng: monican@acrs.org for more information about how you can be involved. Check out key dates to the right.

### Key 2016 Dates

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>May 24</td>
<td>Last day to vote for the Washington State Presidential Primary.</td>
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<tr>
<td>July 4</td>
<td>Deadline to register to vote in the State Primary Election.</td>
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<tr>
<td>August 2</td>
<td>Last day to vote for the Washington State Primary.</td>
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<tr>
<td>August 12</td>
<td>Presidential Candidate Town Hall Live Casting [to be determined] Location: Asian Counseling and Referral Service – Seattle, WA</td>
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| September 15 | APIC Statewide Civic Engagement and Gubernatorial Candidate Forum  
                     Location: Tacoma Dome – Tacoma, WA  |
| October 10 | Deadline to register to vote in the General Election.                                |
| November 8 | Last day to vote in the General Election.                                           |
**ACRS is only able to offer hope and opportunity to thousands across our region with support from our donors. Thank you from the bottoms of our hearts! The following gifts were received between November 1, 2015 and March 31, 2016.**

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Thank You Volunteers!

Extra big thanks to our 790 volunteers, who gave us 74,440 hours of their time in 2015!
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Kim Mai Nguyen
Kimba Thurston
Kimberly Lee-Cooper

Kimi Kogachi
Kimmai Hong Nguyen
Kim-Xuyen Vo
Kim-Huyen Truong
Kirsten Renee Nestler
Kiva Loor
Kollin Min
Koo Young Yu
Kwang Yul Yoo
Kyle Huang
Kyoin Kim
Kyung Ae Bae
Kyung Je Lee
Kyung Woo Park
L. David Tyner
Lahaina Tusi
Lai Lau
Laisia Thomas
Lan Nguyen Tran
Lan Thi Ngoc Truong
Lauren Adolfo
Lauren Crowley
Le Truc Thi Nguyen
Leah Gold
LeAnn Nguyen
Leena Goto
Lia Kauanoaneuhea Kaluna
Liem Do
Lien Nguyen
Lil Liu
Lily Peterman
Lily Trang
Linda Lam
Linda Saelee
Linfang Zhao
Linh Phan
Lisa Takeoka
Loretta Little
Lori Nguyen
Lorin Lee
Louise Parafina
Ly Huynh
Ly Trang Nguyen
Ly Van Luu
Lydia Lee
Lynda Gilman
Lysahmasida Muongvong
Maddy Hall
Magan Do
Maia Lim
Man Nguyen
Man-Jung Wu
Mano Lono
Margaret Babayan
Margaret May Flickinger
Marie Kim
Maria Casio
Maria Kang
Maria Mulvihill
Maricel Dayawan
Marie Hennelly
Marie Jones
Marie Thu Le
Marjo Manaolis
Mariko Fujita

Marilyn Chen
Marissa Olswang
Marissa Vichayapai
Mark Drummond Davis
Martha Lee
Martha Reyes
Marvin Cheng
Marvin Hernandez
Mary Ann Goto
Mary Ann Kolfer
Mary Michelle Kim
Mary Souriyavongsa
Mary Tong
Mary Tupaz
Maryross Olanday
Matthew Custard
Maxwell Reikosky
Maya Lazo-Fanning
Maya Winter
Mayling Kho
McKenna Boit
Mee Hya Go
Megan Amelia Wilbert
Megan Motonaga
Mel Yeck
Melanie Childers
Melanie Ministerio
Mele Aho
Melinda Tran
Michael Glenn Kennedy
Michael Liu
Michael Wakeley
Michael Youmans
Michele O’Connell-Fujii
Michelle Carr
Michelle Hur
Michelle Keowla
Michelle Lu
Mikaela Alger
Mimi Gan
Min Li
Ming Ho
Ming-Ming Tung-Edelman
Mir Mirkowitz
Moana Kokame
Mom Khau
Monica Hien Le
Monica Ng
Monica Tran
Moon Hang Lee
Moraship Uch
Motusaga Samoa
Muhammad Soh
Muoi Huynh
My Le Goel
My Tien Nguyen Tran
Myra Tanita
Myung Ja Kim
Nafanaa Ayhen
Nam Ki Choi
Nancy Evans
Naomi Ishisaka
Naomi Ngo
Volunteer Recognition

Nara Fujita
Natalie Virginia Roche
Naty Lamug
Nell Robinson
Nhung Thi Lam
Nicholas Hamakawa
Nicholas Scott
Ninghe Zhang
Nobuko Ware
Norma Romero Fernandez
Norman Cheuk
Noudenam Siharath
Nubia Robles
Oksana Mulyukova
Olivia Liu
Olivia Louko
Olivia Taguinod
Pamela Jean Mancano
Park Eng
Pat Scidmore
Patha Phimphilavong
Paul Francis
Paula Pabustan
Pauline Long
Peggy Lynch
Peggy Moreno
Pei-Hwa Lin
Pele Bennett
Pema Van Voast
Perry Lee
Peter Wang
Phat Vinh Tang
Pheroney Chea
Phillip Charles Morris
Phillip Wang
Phong Nguyen
Phuc Tien Nguyen
Phung Ton
Polu Fuatatagi-Masaniai
Prentina Stull
Pyoung Soon Park
Qianyi Lu
Qianying Chen
Quan Tran
Quynh-Nhu Thi Nguyen
Rachel Joanna Cantrell
Racquel Folchi
Ray Jerome Palania
Rebecca Ann Calhoun-Shepard
Ree Ah Bloedow
Rei Nao
Reid Asher Smith
Reidar & Sharon Smith
Renee Ragaza Miller
Reuben Santos
Richard Sohn
Rick Kitakama
Rick Tsang
Robert Janes
Robert McGinnis
Roman Bezlepkin
Romulo Cabrera Fernandez
Rondi Erickson
Ruby Que
Ryan Keyser
Ryan Potvin
Sabrina Pratt
Sachiko Nakano
Salvador Castro
Sam Beaver
Sam Chen
Sam Lam
Sam Lewis
Sam Mitsui
Samatha Ark Chin
Sameer Ranade
Samnang Heng
Sandra-Lee Sundstrom
Sang Choe
Sarah Ashmore
Sarah La-Nguyen
Sarah Teng
Sarah Zhu
Savannah Morton
Sehee Shin
Seung Bok Baek
Sevang Bounthong
Sharon Kitashima
Shi-Ben Liaw
Shino Lee
Simon Shimel
Sitheva Boungnasith
Sokunthea Ok
Soo Ja Kim
Soon Keum Jung
Sophia Som
Sophie Oy
Stacy Tai
Steffi Romero
Stephanie Howe
Stephanie Staley
Stephanie Yoon
Sue Mar
Sue Park
Sujung Choi
Sun Hee Whang
Sun Ja Kim
Sung Yi
Sunshine Camille M. Arcilla
Susie [Sang Soon] Min
Ta Say
Taek Sang Jung
Tagoipah Mathno
Tai Keun Hwang
Tania Maria Rosario
Tao Chi Nguyen
Tara Rich
Taylor Mann
Teri Yoshimura
Terrence Cabiao
Terri Lock
Tessa de Vries
Thang Tran
Thanh Bui
Thanh Tan
Thanh Thi-Hung Nguyen
Thanhhu Ton
Thao Tran
Theanne Sue Lum
Thu Dinh
Thuam Tam Pham
Thu-Van Nguyen
Thuy-Trang Nguyen
Thy Pham
Tianchi Cao
Tianchi Zhang
Tiffany Horter
Tim Stoddard
Timothy Freeman
Tina Pham
Tina Ton
Todd Thanh Van Bui
Tom Huyun
Tom Kofler
Tommy Nguyen
Ton Pham
Tooba Dilshad
Tot Van Le
Tracee Lee
Tracey Ingram
Tracy Ng Robertson
Tram Nguyen
Trang Huyun
Trevor Layman
Truc Nguyen
Trung Nguyen
Try Lam
Tu Van Nguyen
Tu Van Quang
Tuchi Nguyen
Yuet Hong Nguyen
Tyler Yamashita
Upama KC
Valerie Wilson
Van Le
Van Nguyen Truong
Van Thi Bao Tran
Vanthong Chittanun
Vicki Matthews
Victor Aquino
Victor Loo
Victoria Ju
Victoria Lum
Vincent Kwan
Vinod Nazareth
Vivienne Kim Bae
Vyla Phavong
Waila Raikowski
Waynesworth Johnson
Wei Fan
Wen Xu
Wendy Nguyen
Wenjian Guan
Wing Yan Lau
Winnie Wong
Wylie Eng
Xiaoliang Zhang
Yale Wong
Yan Lok Lee
Yan Mathison
Yan Yan Wang
Yaxiang Xu
Yiem Mean
Yiqin He
Yijing Song
Yolanda Altamirano
Yong Kyu Choi
Yong Song Park
Yong Ye Davies
Yoon Joo Han
Youn Seon Lee
Young Ae Choi
Young Joo Han
Young Ki Cha
Young Sok Oh
Young Soo Lee
Young Sook Lee
Young Sung Song
Young Woo Seo
Young Yoo
Yun Sun Gang
Yuriko Fukuyama
Yutaka Ishida
Yva Nyhammer
Zengzhong Zhou
Zerubabel Burgos Patena
Zi Le Tan
Zoe Mathison
Zulkiflee Samael
Celebrating Our Heritage, One Generation to the Next

by Ling Chua, LMFT

A good friend of mine who emigrated from China came over on the eve of Lunar New Year for dinner. Over modest homemade fare, her four-year-old daughter unabashedly belted out a traditional Chinese song she had learned in preschool that day. This got us talking about festive songs we heard growing up in our home countries – the ones that filled the air in shopping malls and on the radio for an entire month – like Christmas music does in December, here in the States.

I suddenly felt an ache in my heart. It dawned on me that I was missing the very songs I used to loathe. Long after dinner, I found myself still singing some of these songs under my breath. I even discovered for the first time how beautifully poetic they are. I was transported back to my childhood: the excitement of donning new clothes on the first day of Chinese New Year, the anticipation of receiving hong bao (red envelopes) from the relatives I would visit that day, the glitter of an array of candy sitting on the coffee table and the smell of incense sticks burning on my ancestors’ altar. And yes, the sound of cheesy, over-played Chinese songs blasting from my family’s stereo set.

As I reflected deeper, I realized I was not merely being nostalgic. I was sorely missing a part of my cultural identity. I was missing the narratives that define who I am: the things my family did to ring in the new year and honor the dead, the folktales that captured my imagination, the idioms I had to memorize, the ancient poems I recited about filial piety, war, love, and other trials and tribulations of life. I wonder if this is a common experience among Asian immigrants in the U.S. Does moving away from one’s home country necessarily spell doom for one’s cultural identity?

I do not believe so. We can do much to help pass our heritage to our next generation, and in the process, stay connected with our cultural roots ourselves. I sometimes hear Chinese parents of American-born children lament that their children resist going to Chinese classes on Saturdays. In a predominantly English-speaking society, children may find learning their mother tongue tedious and pointless. They may see little utility of mastering a second language aside from being able to communicate with their grandparents.

I reckon parents of other Asian cultures face similar challenges imparting their languages to their children.

It certainly behooves us to start teaching our children our heritage from a young age. Yet our language is not the only thing we can pass on to our offspring. Children are drawn to good stories. Themes of good versus evil abound in folklore of various cultures, as do narratives of heroism, kinship, and loyalty. Perhaps we can look into legends for stories of magic and adventure that also embody the values our parents, and their parents before them, held dear. Among Chinese families, for example, children can learn the tragic story of one man’s self-sacrifice 2,000 years ago that people now commemorate every year with dragon boat races and rice dumplings. Or the beautiful, mythical origins of the Milky Way and the Big Dipper.

The public library houses colorfully illustrated books on tales such as these that you can read along with your children at bedtime. The Internet is another good resource for obtaining information – use search terms such as “folktales” or “myths and legends” along with your culture. You can even download anthologies of children’s tales for the tablet.

Teach your children songs your parents used to sing to you, games you used to play in school, rhymes you used to chant with your peers. With older children, teach them how to make ethnic dishes. Pass along your grandma’s recipes. Tell them stories of how you came to this country, and the hardships you endured. Show them pictures of your family of origin. If it is within your means, take them to your hometown and show them where you went to school or first learned to ride a bike. If you were American-born yourself, make this a process of joint discovery with your children as you trace back the footsteps of generations before you.

My friend’s four-year-old daughter may be delighted today to have learned a Chinese song, but she has only just begun her journey to developing a cultural identity. And I am glad my friend knows that.

Community workshops and individual or family counseling appointments are available. For more information or to schedule a consultation, please call ACRS Therapy Associates at (206) 695-7511.

Ling is a Licensed Marriage and Family Therapist with ACRS Therapy Associates.
From the Executive Director’s Desk (cont.)

give back to our community through events like our Walk for Rice to support the ACRS Food Bank and the 5,136 clients we serve.

Please join us in our civic engagement efforts by registering to vote if you are eligible, and voting if you are registered, because your vote counts, and it strengthens our community. Please get on your feet for our Walk for Rice, because your gift counts for the most vulnerable members of our community!

Thank you so very much for all that you do for our community.

Diane Narasaki
Executive Director

Ready to Work Offers a Path (cont.)
Forward to New Americans

future jobs and dream careers. They talk about how they will move from one goal to the next, while practicing English pronunciation, verb tenses, grammar and new vocabulary along the way. They learn how to use a computer, set up an email account, send and reply to email, and search the Internet and apply for jobs online. The students also go on field trips to the local library to get library cards, or South Seattle College, to learn about pursuing careers in construction, auto-repair and aviation with additional training in Washington State’s I-BEST program.

What makes RTW unique is its focus on helping students overcome barriers toward achieving their full potential. This could be as simple as providing an ORCA pass, so they have a way to get to class. “Each student works with a dedicated case manager to identify individual needs, and develop a resume and individual employment plan,” says Alexandra Olins, Director of Employment and Citizenship programs at ACRS. Some students need a first job now; others like Ittikorn already have a job, but need help mapping out and navigating the steps toward family-supporting jobs and careers.

Learn more about Ready to Work by contacting Alexandra Olins at (206) 695-7566 or alexandrao@acrs.org.
In Memoriam

The ACRS family fondly remembers the beloved individuals listed below, who have served as ACRS staff and/or members of our board. They were community leaders and their contributions have made a better and more just world.

Cornell Cebrian

Quynh Thuc Nguyen
ACRS’ first Vietnamese mental health counselor and Consultation & Education (C&E) specialist on AAPI cultural competency; served from 1975-2012.

Kan You
ACRS’ first Cambodian mental health counselor and C&E specialist; served from 1979-1991.

Check Out Our New Website

You may have noticed that www.acrs.org has a different look and feel – we hope you enjoy discovering our new home on the web and that you find it easy to navigate and find information you’re looking for.

Over the next several months, we’ll continue making improvements and adding new content, so visit us often and bear with us as we put in the final touches.

So, what do you think? What are your first impressions? We’re hoping you love it! If you experience any problems – maybe one or two things don’t work as you might expect – let us know and we’ll take a look. Get in touch with Hong Chhuor at hongc@acrs.org or (206) 774-2460.

Stay current on all things ACRS, like upcoming events and volunteer opportunities when you sign-up for our email list – it only takes two minutes! www.acrs.org
ACRS' MISSION STATEMENT

ACRS promotes social justice and the well-being and empowerment of Asian Americans and Pacific Islanders and other underserved communities – including immigrants, refugees, and American-born – by developing, providing and advocating for innovative, effective and efficient community-based multilingual and multicultural services.